

B-12 250 with Folic Acid Item 4301 (Rev 2)**Supplement Facts**

Serving Size 1 Tablet

Servings Per Container 150

Amount Per Tablet	% Daily Value	
Vitamin B ₁₂ (Cyanocobalamin)	250 mcg	10,417%
Folate	83 mcg DFE	21%
	(50 mcg Folic Acid)	

Other ingredients: Torula Yeast, Sweet Whey Powder, Mono- and Diglycerides, Food Glaze, Croscarmellose Sodium, Povidone, Magnesium Stearate, Silicon Dioxide.

Contains Milk.